

Example Training Programme

This information is for indication purposes only. We design programmes to your specific business requirements to help you and your staff achieve your business goals.

Building High Performance Teams

Background

We would explore the opportunity to run a programme of this type off site away from the client's premises and possible distractions. For example in a local hotel or conference centre or further afield in a more inspirational / motivational setting where the options for slightly more adventurous activities are possible.

Pre Workshop

- Questionnaire – Belbin team types
- Welcome phone call or conversation with either all or a sample selection of attendees to explore their expectations and objectives for the programme

Workshop

- Welcome & Icebreaker (ideally would include an introduction by sponsoring Senior Manager to help position the event for all attending)
- Team activity with review & reflection
- Understanding your team
 - Team Talk® – business board game - past/present/future (½ or full day)
 - Reflection and short team active thinking session
- Team activity with review & reflection
- Understanding your role in the team (Belbin team types)
 - Strengths, development areas & opportunities for each
 - Reflection and short team active thinking session
- Team activity with review & reflection
- Team action planning session (pulling together the work completed throughout the programme in the active thinking sessions)

Post Workshop

- Follow up session offered to facilitate a review and progress. This would be offered as either a 1:1 with the Manager or with the whole team

Types of Activities

- Individual – enable people to get to know a little more about each other
- Team – enable people to examine how they work as a team
- Non competitive / competitive exercises
- Outdoor / indoor exercises
- Mental and physical challenges